

P.E. Long Term Plan





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|  |  Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS/KS1 | Health and Wellbeing | Ball Skills | Gymnastics | Games for Understanding | Swimming | CanoeingJumping 1 |
| Lower Key Stage 2 | Invasion Games Skills | Table TennisTag Rugby | DanceLevels and Directions | Striking and Fielding | SwimmingPerformance Dance | Outdoor and AdventurousJumping and Throwing |
| Upper Key Stage 2 | NetballTennis | Tag RugbyTable Tennis | DanceCreating Sequences | Cricket | AthleticsPerformance Dance | Open Water SwimmingSailing |