

P.E. Long Term Plan





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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS/KS1 | Health and Wellbeing | Ball Skills | Gymnastics | Games for Understanding | Swimming | Canoeing  Jumping 1 |
| Lower Key Stage 2 | Invasion Games Skills | Table Tennis  Tag Rugby | Dance  Levels and Directions | Striking and Fielding | Swimming  Performance Dance | Outdoor and Adventurous  Jumping and Throwing |
| Upper Key Stage 2 | Netball  Tennis | Tag Rugby  Table Tennis | Dance  Creating Sequences | Cricket | Athletics  Performance Dance | Open Water Swimming  Sailing |